



ANTELOPE SPRINGS
CHURCH

PULSE



A word from God

“Let the words of my mouth and the meditations of my heart be acceptable in your sight, O LORD, my rock and my redeemer.” Psalm 19:14

What a powerful way to change our behavior. Think before we speak, ‘are these words going to please God.’ And prepare our heart before we prepare our minds thinking on the things of God rather than the things of earth. I encourage each of us to memorize these words and to the best of our ability let them be the guiding words of our day to day living. It might be good for each of us to open our eyes in the morning and before even one foot hit the floor ask God, ‘make these words real in my life’. In fact it will change the way we face other people, our job, that person who isn’t so nice to us if we just quietly repeat these words as soon as we get up in the morning. These are some of the words the Psalmist tells us to hang around our neck and place on our forehead and teach to our children. They will change our lives.

Frank@AntelopeSpringsChurch.org

Pastor Frank

Adult Ministries

- **Men’s ministry:**

Men's Golf Tournament Saturday May 9th at Indian Creek Golf Course in Loomis. The cost will be \$23 per person. For further info contact Kevin or Eric. Sign up this Sunday in the church lobby.

- **Women’s Ministry:**

Come have some Tea and Friendship with us! Ladies Annual Tea is being held May 2 – there are only 12 spots left! Sign up Sunday with Renate. If you have reserved your spot, please give her your payment on Sunday.

Happenings



- Baptisms this Sunday. Call the church office to be baptized. Pastor Frank will be meeting with all candidates 20 minutes before each service.

Prayer!

- Developing a Deeper Prayer Life seminar with Alice Moss on Saturday April 18th from 10AM to 2PM. Its FREE and lunch is provided. What a great deal! Please email Marsha at asc@surewest.net to sign up.
- National Day of Prayer, May 7th. Please join our brothers and sisters in Christ around the nation as we stand in prayer for America, its leaders and people.
- All-Church Bon Fire Prayer and BBQ, Friday May 8th at 6PM. Bring your lawn chair and come prepared for an amazing time worship, praise and prayer for our church, community, and nation. There will be prayer partners available for those who need/want to be prayed with. We will need Prayer Response Team members to respond to those who seek prayer. If you would like to be part of the Prayer Response Team, please attend the seminar with Alice Moss this Saturday. Contact Laura Crouch (224-9558) or Rachel Greenhalgh (613-8042) to join the PRT.
- Sunday Morning Prayer: Join us in praying for our pastor, church, and the unsaved each Sunday morning. Individuals and small groups are needed to pray 1 service, 1 Sunday per month. Outlines and formats are provided. Contact Laura Crouch (224-9558 or laura-crouch@excite.com) or Rachel Greenhalgh (613-8042) to sign up for one of the following times:

1st Sunday 1st Service

2nd Sunday 1st Service TAKEN!

3rd Sunday 1st Service

4th Sunday 1st Service

1st Sunday 2nd Service

2nd Sunday 2nd Service

3rd Sunday 2nd Service

4th Sunday 2nd Service

KidZone



- A Big Thank you to everyone that helped with the Easter Fun Day! 45 Salvation prayer cards were handed out, Praise God!
- Crocodile Dock VBS 2009 July 20th -24th . Check out the VBS web page and register to volunteer and pre registration for participants. <http://www.groupvbs.com/webtoybox/myvbs/asc2009>. Next VBS meeting is April 25th, 10:00am at the church. Everyone interested in volunteering for VBS please attend.
- AWANA only 4 meetings left till the summer break. Wednesdays at 6:30pm
- "Parent Link" and "Parenting Tips" Free by email! Just contact Lovina Kirkpatrick at KidZone@surewest.net to be added to the distribution list. The next Parenting class "Essentials of Discipline" will start August 16th.
- Visit askidzone.org for more KidZone information!

Students



MIDDLE SCHOOL MINISTRY

- Wildside had an awesome RAK (Random Acts of Kindness) week.
- Sunday following second hour all High School students and their parents are invited to The Truth Project. This is an excellent way to develop a Bible view of the world.

7-0-7 HIGH SCHOOL MINISTRY

- 16 of our high school students and 7 adults spent Spring break in Los Angeles serving the homeless and others. What a life changing time putting their faith to work in a needy world.

This Week



Sunday message to be brought by Pastor Frank DeLange — **Growing Deep-Going Wide in 2009: "Surrendering Sinful Wrong Speech"**

May God richly bless each of you as you look to Him for leading and guidance, your church leadership.