



**PULSE**



## A word from God

*"But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please."* Galatians 5:16-17

Sometimes even Christians struggle with desires which are contrary to God's direction and desires. Maybe it is something as little as watching a television program with off color humor or where they use God's name loosely. It might be an all too often explosion of anger or frustration or it might be a serious struggle with uncontrolled thoughts or words. What ever the wrong desire God wants it surrendered to Him. He wants it to be done away with because the wrong desires lead to wrong thoughts and actions which impact our relationship with Him. He has given us this scripture as the way to please Him, 'live by the Spirit'. What does this mean? It means to allow God to take control of your life. Allow Him to take over your attitude, thoughts, habits, actions, desires, everything that is contrary to the word of God. Oh, by the way, it won't happen all at once. Usually the Holy Spirit will deal with individual parts of our lives and change us a little at a time. When one area is surrendered He will move on to another area and begin bringing that part of our life in line with where He wants us to be. So, be patient and allow God to work freely in you. [Frank@AntelopeSpringsChurch.org](mailto:Frank@AntelopeSpringsChurch.org)

Pastor Frank

## Prayer & Praises

- Pray for the ASC theme for 2009 to become a reality in the lives of every person. 'Growing Deep-Going Wide in 2009'
- Continue to pray for our expansion! The architect drawings are in the hands of our builder for costing. Pray specifically for God's direction and approval before we move forward on the building.
- Pray for our impact on the community. 1000 people coming to know Jesus as Savior is not many when we consider that there are at least 30,000 people within 2.5 miles of our church. There have been at least 25 people accept Christ this year. Two last Sunday morning and a High School student this past Tuesday. God is so good to us in bringing new life.
- Pray for the 5 people you know who need Jesus as Savior and Lord. This is your commitment to God.

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# Happenings



## This Week at ASC

- This Saturday Men's breakfast and fellowship at Hometown Buffet 8:00am. Please don't let cost keep you away. Tell them the Pastor's got you covered.
- Baptism is scheduled for Sunday 15 March. Interested in being baptized call the church office.
- College age mixer tomorrow, Friday 13 March from 7:30-9:00pm at the church. Invite friends and enjoy an evening of fun, snacks, worship and planning for the college age ministry.
- This Sunday is Pastor's Welcome class. Interested in knowing more about ASC ministry and the Pastor's heart or becoming a member of the ASC family? Plan on joining us at 12:30 pm following the second worship service. Lunch will be served.

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# Adult Ministries



- 'In The Beginning' a **study of Genesis** meets at 10:45 an Sunday in room 6.
- **Men's Retreat Informational Meeting.** There will be a 5-minute meeting following each worship service on March 22 and March 29 in Rm. 6 for all those attending the Men's Retreat. Please be sure to attend in order to get important information about directions, carpooling, room assignments, what to bring, etc. Call Dave Worth or Denny Gagne for details."
- Own a Motorcycle? Looking to go out for a ride? Well then put Sunday march 22 on your calendar. The ride leaves the church at 10:45am following the first morning worship service. All makes of motorcycles are welcome. Part of the ride will include freeway speeds. Contact Todd Morgan at 916-338-5921 for information.

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# Students



## 7-0-7 High School Ministry

- We Need STAFF: 707 is looking for energetic, Christ-like men and women that want to shape students into Jesus' image! If that's you, make sure you contact [Eric Joppa!](#) We meet on Sundays at 10:45 (during 2nd service) and Tuesday evenings from 6:30pm to 8:30pm.

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# Students



## MIDDLE SCHOOL MINISTRY

- **RAK** (Random Acts of Kindness) week is coming soon! Wildside is looking to serve our church family on Sunday, April 5. If you have miscellaneous jobs that our middle school students can do, we would love to help free of charge. Contact Isaac Parra to schedule the work. [isaac@jhwildside.org](mailto:isaac@jhwildside.org)

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# KidZone



## 2009 Up Coming Events:

- Easter Fun day is April 11<sup>th</sup>. Many volunteers and donations are needed for this outreach. Look for the info table in entry of church and sign up to serve during this wonderful celebration of Christ victory!
- Crocodile Dock VBS 2009 July 20<sup>th</sup> -24<sup>th</sup>. Check out the VBS web page and register to volunteer and pre registration for participants. <http://www.groupvbs.com/webtoybox/myvbs/asc2009>. Next VBS meeting is April 25<sup>th</sup>, 10:00am at the church. Everyone interested in volunteering for VBS please attend.
- AWANA meets each Wednesday 6:30pm—8:30pm for Pre-K and elementary. Monday night for JR High and High school. AWANA “Sparks” & “T&T” games practice for qualifying Clubbers each Saturday morning 9:00am at the church. Contact your AWANA leader for more information.
- “Parent Link” and “Parenting Tips” Free by email! Just contact Lovina Kirkpatrick at [KidZone@surewest.net](mailto:KidZone@surewest.net) to be added to the distribution list. The next Parenting class “Essentials of Discipline” will start August 16<sup>th</sup>.

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# This Week



Sunday message to be brought by Pastor Frank DeLange — **Growing Deep-Going Wide in 2009: “Living By the Spirit of God—Denying the Sins of the World ”**

May God richly bless each of you as you look to Him for leading and guidance, your church leadership.